

WIC Eligibility Guidelines

To participate in the Idaho WIC Program, a person must meet the following 4 criteria:

1. An individual must be one of the following:

- A pregnant woman
- Breastfeeding woman (up to one year after delivery of a baby)
- Infant
- Child under 5 years of age

2. Income Eligible

- If you receive Food Stamps, Medicaid or Temporary Assistance (TAFI), you are considered to be income-eligible for WIC, even if your income is above those guidelines.
- Getting WIC does not affect your immigration status.
- If you meet the guidelines in this table:

Number of Household Members	Maximum Gross Household Income	
	Per Month	Per Year
1	\$1,436	\$17,224
2	\$1,926	\$23,107
3	\$2,416	\$28,990
4	\$2,907	\$34,873
5	\$3,397	\$40,756
If more than 5, call your local WIC clinic		

(One pregnant woman counts as two household members.)

3. Live in Idaho

- WIC participants usually receive services in the county where they live.
([List of local clinics](#))

4. Have a special nutritional need

- A nutrition and health screening is provided at the WIC clinic. The WIC clinic will tell you if you qualify for WIC.